

Genital Health/Sexually Transmitted Infection (GH/STI) RT-PCR Specimen Collection Guidelines

Collection Guidelines for Urine First Void

1. DO NOT collect within two hours of the last urination. First void of the day preferred.
2. Instruct the patient to wash their hands prior to the collection.
3. Instruct the patient to collect a sample of urine “first catch/first void” in the urine specimen cup.
4. Provide the first catch/first void urine straight into the specimen cup, then allow the rest to pass into the toilet.
5. Fill urine specimen cup approximately half-way, with a maximum of 20-30 mLs.
6. Using a transfer pipette, transfer a minimum of 3 mLs of urine to the labeled PrimeStore MTM tube. Take care not to spill the contents of the transport tube. Samples received with less than the required volume will be canceled.
7. Replace and tighten the PrimeStore MTM tube cap.
8. Label the specimen with patient’s name and DOB.
9. Place in biohazard specimen bag.
10. Prepare for shipping.